



# Femi-Strong™

for

Heart, Breast  
& Bone Health

*Natural Health Supplement  
for Peri- & Menopausal Women*  
Dietary Supplement      60 Caplets

## Supplement Facts

Serving Size 2 Caplets	Servings Per Container 30	
	Amount per Serving	% Daily Value
Vitamin D-3 (as calciferol)	400 IU	100%
Vitamin K	80 mcg	100%
Vitamin B6 (as pyridoxine hcl)	4 mg	200%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	12 mcg	200%
Calcium (as carbonate and citrate)	500 mg	50%
Magnesium(as magnesium citrate)	100 mg	25%
Selenium(as selenomethionine)	50 mcg	71%
Choline (as choline bitartrate)	50 mg	*
Strontium (strontium citrate)	5 mg	*
Co-enzyme Q10	30 mg	*
Proprietary blend:	440 mg	*
Garlic (allium sativum (odorless), Bilberry, Hawthorn Berry, Grape Seed Extract, Red Clover		

\*Daily Value Not Established

**No Alcohol Extracts, Yeast, Sugar, Starch, Milk or Preservatives**

**Suggested Use:** Take 2 caplets once or twice daily or as recommended by health professional. Not intended for pregnant or lactating women.